

# Laura Boyd

**CHRISTIAN SPEAKER | AUTHOR | WOMEN'S MINISTRY FACILITATOR**

Founder & CEO, Ruth's Redemption Project

### CREDENTIALS & TRAINING

- Master Diploma in Mental Health Coaching: Trauma-Informed Coaching (2026)
- Diploma in Mental Health Coaching (2026)
- Certificate in Biblical Counseling (2026)
- Certificate in Spiritual and Behavioral Health First Aid
- AACC TIC201: Trauma-Informed Care and Coaching, 12 IBCC CE credits (2026)

### SIGNATURE TALK

## You See Her Behavior. You Don't Know Her Story.

A faith-based, trauma-informed message inviting churches and community groups to look beyond a woman's behavior and consider the story beneath it. Drawing on lived experience and years serving women in group homes, correctional settings, homeless outreach, and shelter programs, Laura speaks about compassion, healthy boundaries, healing, and practical ways to walk alongside women without shame.

### WHO IT'S FOR

- Churches and women's ministries
- Shelters and housing programs
- Reentry and community organizations
- Women's conferences and retreats

### WHAT PARTICIPANTS TAKE AWAY

- See behavior in context while honoring each woman's dignity.
- Respond with compassion and healthy boundaries.
- Offer practical, consistent support rooted in hope.

### ABOUT LAURA

Laura Boyd is a Christian speaker, author, facilitator, and founder of Ruth's Redemption Project, a 501(c)(3) nonprofit focused on faith, healing, and restoration. Her work has included women's prison ministry, group homes, homeless outreach, and shelter case management. Laura brings Scripture, lived experience, and practical tools together to help women move toward healing and renewed hope.

### SELECTED BOOKS & WORKBOOKS • AVAILABLE ON AMAZON

God's Script to My Life: A Journey of Healing and Purpose • Becoming Her: A Proverbs 31 Journey (editions include From Restoration to Revelation, From Commissioning to Courage, and Becoming More Like Jesus) • Girl Who Told You That: Because God Says Otherwise • MARA Participant Workbook